

Chronicles of Hope The Anquietas, Book 1



By Lois Hermann with Gary Scott

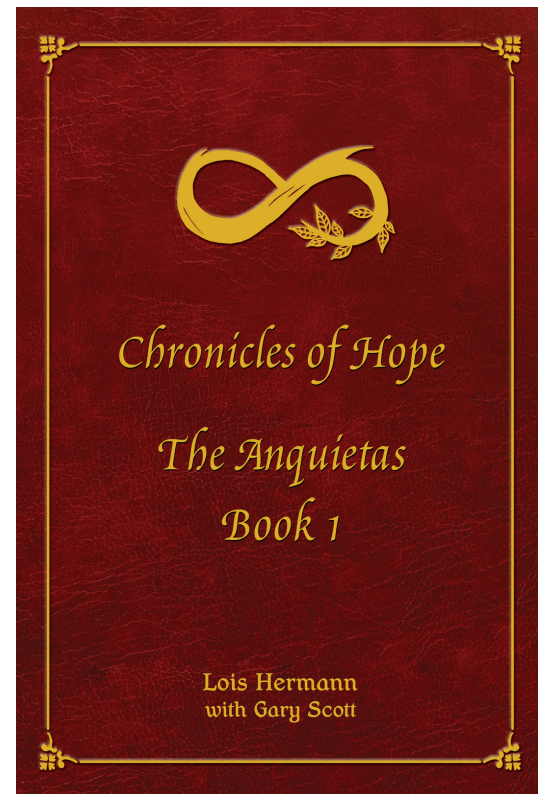
"There will come a time in the not too distant future when civilization will balance on the edge of survival. The future is not written, but trends can be seen. If humans continue, if they do not learn from their past, they will suffer the same fate as previous civilizations." — *Anquietas*

Human beings are composed of the spiritual as well as physical, mental, and emotional. For complete wellness, all aspects of the human being must be considered. One aspect that contributes to wellness is widely misunderstood—vibrational energy.

- ~ What are high and low vibrational energies or entities?
- ~ How can the flow of energy in the universe drag us down or lift us up?
- ~ How do these energies affect all living things even when we are not aware?

Learn to:

- ~ Help restore positivity and balance in the world
- ~ Save our precious planet and the life that lives in, on, and around her
- ~ Keep energy strong for true physical, mental, and emotional wellness



"This book is the foundation of where the world of hypnosis is headed. The quantum sciences indicate we live in a multi-dimensional world. Much of the work being done by traditional hypnotherapy doesn't seem to take this into account. People who are spiritually-oriented and open-minded will find the teaching in this book to be revolutionary and well worth their time and energy to help themselves and others, not just to read but to study."

— Albert J. Marotta, MA, CHT, Transpersonal Hypnotist

Softcover 222-page book includes 11 hypnosis sessions transcribed verbatim that reveal surprising information on how to shift our world plagued with negativity back to the positive. *Chronicles of Hope* includes inspirational quotes that connect known thinkers and influencers to wise words of an unlikely source.

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